

# STRONG SWIMMERS CONFIDENT KIDS

## GROUP SWIMMING LESSONS Winter 2020 MONTGOMERY COUNTY FAMILY YMCA

Register now for our 5 week group swimming lesson session! We will fill the pool with fun while teaching our area youth the skills needed to be great swimmers. Swimming lessons are a great way for children to gain confidence and make friends.

### When

Saturday mornings beginning January 25th through February 22nd

### Times

Classes meet between 10AM AND 12:00PM  
depending on skill level

### Cost

- Members: \$45
- Potential Members: \$65
- **ALL 2ND GRADERS FREE**





FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



# GROUP SWIM LESSONS

Winter 2020

(Online Registration Available @ [www.MCYMCA.com/OnlineRegistration](http://www.MCYMCA.com/OnlineRegistration))

## PARTICIPANT INFORMATION

SWIMMER'S NAME: \_\_\_\_\_ DATE OF BIRTH \_\_\_/\_\_\_/\_\_\_  
 ADDRESS \_\_\_\_\_ GRADE \_\_\_\_\_ AGE \_\_\_\_\_ GENDER \_\_\_\_\_  
 CITY \_\_\_\_\_ ST \_\_\_\_\_ ZIP \_\_\_\_\_ SCHOOL \_\_\_\_\_  
 HOME PHONE \_\_\_\_\_ CELL \_\_\_\_\_ EMAIL \_\_\_\_\_  
 PARENT/GUARDIAN NAME: (IF UNDER 18) \_\_\_\_\_  
 MEDICAL CONCERNS \_\_\_\_\_

## LESSON SELECTION

*(Please check one)*

**ATTENTION: Our swim lessons have changed. Please read through and select carefully. If you need clarification please ask the front desk and we will help guide you.**

<p>Will the student go underwater voluntarily? If yes, move on. No, check box →</p>	<input type="checkbox"/>	<b>1/WATER ACCLIMATION</b>	<p>Can the student swim 15 yards of front and back crawl? If yes, move on. No, check box →</p>	<input type="checkbox"/>	<b>4/STROKE INTRODUCTION</b>
<p>Can the student do a front and back float on their own? If yes, move on. No, check box →</p>	<input type="checkbox"/>	<b>2/WATER MOVEMENT</b>	<p>Can the student swim front &amp; back crawl, &amp; breaststroke across the pool? If yes, move on. No, check box →</p>	<input type="checkbox"/>	<b>5/STROKE DEVELOPMENT</b>
<p>Can the student swim 10-15 yards on his or her front and back? If yes, move on. No, check box →</p>	<input type="checkbox"/>	<b>3/WATER STAMINA</b>	<p>Can the student swim front &amp; back crawl, &amp; breaststroke across the pool and back? No, check box →</p>	<input type="checkbox"/>	<b>6/STROKE MECHANICS</b>

## PARTICIPANT AGREEMENT

I hereby certify that the above is in normal health and is capable of safe participation in the YMCA swimming program. I assume all risk(s) and hazards incidental to the conduct of this program and for the transportation to and from the program unless otherwise provided for by the specific program. I hereby authorize the YMCA to obtain medical treatment in the event that the emergency contact cannot be reached. I also release the YMCA, now and for all time, to take and use any video/film/footage/recording/photo/narrative taken of the child while in participation of said program for publication, display, sale or exhibition thereof in promotions, advertising and legitimate business use without any compensation to, and/or claim, by me.

I understand that the YMCA is not responsible for my child past program ending times.

**Parent Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

For more information contact: Missy Stickland, [mstickland@mcymca.com](mailto:mstickland@mcymca.com) or 712-623-2161