



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ONLINE
REGISTRATION NOW
AVAILABLE!
www.MCYMCA.com/OnlineRegistration

ALL NEW! **PRIVATE** COACHING SESSIONS



INSTANT SWIMMER: JUST ADD WATER!

The Montgomery County Family YMCA
101 East Cherry St., Red Oak IA 51566
712.623.2161 www.MCYMCA.com



PRIVATE SWIM COACHING

With USA Swimming Coach Eric Jauch

PARTICIPANT INFORMATION

Members: 3-60 minute sessions: \$75
Non-Members: 3-60 minute sessions: \$85

Participant Name: _____ Gender: _____ Age: _____
Address: _____
City: _____ State: _____ Zip: _____
Parent/Guardian if Applicable: _____
Home Phone: _____ Cell/Work Phone: _____
Email: _____
Medical Concerns (please include any special conditions or limitations):

**COACHING SESSIONS ARE EACH
60 MINUTES LONG**

Desired Lesson Day*: Mon__ Tues__ Wed__ Thurs__ Fri__ Sat__ Sun__
Desired Start Times*: _____
*Please note that we cannot guarantee desired days or time as they will be based on instructor availability.

SWIM ABILITY AND GOALS

Please describe participants swimming ability or YMCA/Red Cross level. Also include any goals the participant wishes to attain:

PARTICIPANT AGREEMENT

I hereby certify that the above is in normal health and is capable of safe participation in the YMCA swimming program. I assume all risk(s) and hazards incidental to the conduct of this program and for the transportation to and from the program unless otherwise provided for by the specific program. I hereby authorize the YMCA to obtain medical treatment in the event that the emergency contact cannot be reached.

I understand that the YMCA is not responsible for my child past program ending times.

For more information contact: Missy Stickland, mstickland@mcymca.com or 712-623-2161

SIGNATURE: _____ DATE: _____