



# IT'S TIME TO HIT THE MAT



## JVAA/YMCA Red Oak Youth Wrestling WILSON GYMNASIUM @ THE Y

The Montgomery County Family YMCA and the Jordan Vannausdle Athletic Association is teaming together once again to bring you the 2018-2019 Season of Red Oak Youth Wrestling. This program is meant for children in Pre-Kindergarten through 6th grade. The 2019 Red Oak Youth Wrestling Tournament date has not yet been determined.

- PARENTS MEETINGS: Pre-K - 2nd Grade @ 5PM Friday, November 16th  
3rd - 6th Grade @ 5:45PM Friday, November 16th
- Practice Cancellations will be announced at school if possible, or listen to KCSI/KOAK Radio.
- Please DO NOT wear street shoes into the gym for practice. You **must** change shoes before walking on the mats.

- WHEN:** Tuesdays & Fridays beginning Nov. 16th  
**TIME:** PreK - 2nd Grade: 5 - 5:45PM  
3rd - 6th Grade: 5:45 - 7PM  
**COST:** FREE  
**REGISTER:** Return from on back to the YMCA or Register ONLINE @ [mcyymca.com/OnlineRegistration](http://mcyymca.com/OnlineRegistration)  
**DEADLINE:** **Must register by SUNDAY, DECEMBER 2ND**  
**LOCATION:** MONTGOMERY COUNTY FAMILY YMCA  
Call the YMCA @ 712.623.2161 for more info!



# 2018-19 RED OAK YOUTH WRESTLING

Return this form to the Montgomery County Family YMCA at 101 E. Cherry Street, Red Oak, Iowa 51566  
Or Register ONLINE @ [www.mcyymca.com/OnlineRegistration](http://www.mcyymca.com/OnlineRegistration)

**Please Print**

Participant's Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Grade: \_\_\_\_\_ Age: \_\_\_\_\_ Birth date: \_\_\_/\_\_\_/\_\_\_ Best Contact #: \_\_\_\_\_/\_\_\_\_\_-\_\_\_\_\_

Year's Experience: \_\_\_\_\_ Approx. Weight: \_\_\_\_\_

Contact Parent's Name: \_\_\_\_\_ Contact #: \_\_\_\_\_/\_\_\_\_\_-\_\_\_\_\_

Parent's Email Address: \_\_\_\_\_

Back-Up Emergency Contact: \_\_\_\_\_ Emergency Phone #: \_\_\_\_\_/\_\_\_\_\_-\_\_\_\_\_

Current medical problems: \_\_\_\_\_

### CONSENT TO PARTICIPATION

THE UNDERSIGNED parent(s)/guardian(s) of \_\_\_\_\_, who is a child under the age of 18 years, with understanding of the potential risks of injury to the child by reason of the child's participation in the following activity: **JVAA-YMCA Youth Wrestling Program** does/do hereby consent to the child's participation in the activity.

The potential risks of participation include, but are not limited to, the risk of injury to the child from contact with other participants and contact with or use of equipment used in the activity.

The parent(s)/guardian(s) affirm that by signing this consent each understands that participation of the child is voluntary and that the parent(s)/guardian(s) have explained to the child that this means that the child is free at any time to stop participation in the activity.

By this consent and with the child's continued participation in the activity, the parent(s)/guardian(s) voluntarily accept the risk of injury to the child by reason of the child's participation in the activity.

THE UNDERSIGNED provide the following contact information to obtain consent to treat the child in the event of injury or illness during participation:

\_\_\_\_\_  
Name (Parent/Guardian) Address Telephone No.

**If the contact person named above cannot be reached, the undersigned give consent for supervisory staff to provide the child emergency medical care and treatment and further necessary and reasonable treatment by a licensed professional caregiver selected by supervisory staff.**

\_\_\_\_\_  
Parent/Guardian Signature Print Name Date

Singlet Deposit Fee \$ \_\_\_\_\_ check # \_\_\_ or cash