

FREE Sunday Fun Day BASEBALL SKILLS CLINIC



● Throwing ● Catching ● Hitting ●

The Red Oak youth baseball coaches & Red Oak High School Baseball Head Coach, Mark Erickson, will be hosting a **FREE** baseball skills clinic. 7 sessions for FREE! The clinic is open to all Red Oak boys in grades 3rd-7th interested in baseball.

The clinic will be held at Inman Primary School (IPS). Registration deadline is February 14, 2020.

Clinic Dates, Locations, and Times:



Sundays at Inman Primary School

February 16th, 23rd,
March 1st, 8th, 15th, 22nd, and 29th

<u>Grade Level</u>	<u>Time</u>
3 rd -4 th	1:00-2:30
5 th -7 th	2:15-4:00



Coaches & Contact Information:

3rd-4th: Richard Fisher (712-621-3706), Joe Lydon (712-621-6814), Jeff Sebeniecher (712-621-0613), Chad Johnson (712-621-5340), Trevor Mayberry (402-990-5129)

5th-7th: Colin Bruce (712-327-9822), Brian Couse (712-621-0812), Jeff Gigstad (402-670-1505), Brad Ford (712-370-3038)

Bring your tennis shoes, baseball gear and join us! Gloves, bats and helmets will be provided if you don't have them.

ROHS
Baseball
Program



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Program

FREE SUNDAY FUNDAY BASEBALL SKILLS CLINIC
Montgomery County Family YMCA
Red Oak Baseball
3rd – 7th Grade Boys



PLAYER NAME _____ Current Grade _____ Date of Birth _____

Street Address _____ City _____

Home Phone _____ Cell Phone #1 _____ Cell Phone #2 _____

Email Address(es) _____

Parent(s)/Guardian(s) Name _____

Emergency Contact & Phone _____

Does your child have any medical concerns? (example: diabetes, seizures, heart trouble, etc.)

FEES: NONE

Please read the statements below and check all that apply.

- If given instructions, I could help run a station when needed.
- We would like to participate but will have a hard time getting our son to and from the clinic sessions. (A coach will contact you to set up arrangements for transportation.)

THE UNDERSIGNED parent(s)/guardian(s) of _____, who is a child under the age of 18 years, with understanding of the potential risks of injury to the child by reason of the child's participation in the following activity: **Sunday Fun Day Baseball Skills Clinic** does/do hereby consent to the child's participation in the activity.

- The potential risks of participation include, but are not limited to, the risk of injury to the child from contact with other participants and contact with or use of equipment used in the activity.
- The parent(s)/guardian(s) affirm that by signing this consent each understands that participation of the child is voluntary and that the parent(s)/guardian(s) have explained to the child that this means that the child is free at any time to stop participation in the activity.
- By this consent and with the child's continued participation in the activity, the parent(s)/guardian(s) voluntarily accept the risk of injury to the child by reason of the child's participation in the activity.
- Parents also release the YMCA, now and for all time, to take and use any video/film/footage/recording/photo/narrative taken of the child while in participation of said program for publication, display, sale or exhibition thereof in promotions, advertising and legitimate business use without any compensation to, and/or claim, by me.

THE UNDERSIGNED provide the following EMERGENCY CONTACT information to obtain consent to treat the child in the event of injury or illness during participation:

Name (must be parent or guardian) _____ Address _____ Telephone No. _____

If the contact person named above cannot be reached, the undersigned give consent for supervisory staff to provide the child emergency medical care and treatment and further necessary and reasonable treatment by a licensed professional caregiver selected by supervisory staff.

Parent/Guardian Signature _____ Print Name _____ Date _____

Where do I return this form?

Forms can be dropped off to Mark Erickson at the Red Oak Jr.-Sr. High School office or dropped off at the YMCA.

Questions about the clinic or this form?

Call Mark Erickson at Red Oak Jr.-Sr. High School: 712-623-6610