

# LEARNING THE ROPES

## PreK/Kindergarten Sports Academy @ THE YMCA

This 4-week program will give kids an introduction to different sports and activities to help promote good physical fitness habits and lifelong interest in sports and activities. Basic fundamentals of each sport will be presented, and Y program staff will lead with assistance from various coaching experts related to the respective sporting activity. *(Activities are subject to change)*

### COVID-19 Waiver Required.

### Sessions 1-4 are limited to the first 10 participants.

- **Session 1:** Oct. 1st - Oct. 22nd - Register by Oct. 1st  
Soccer, Soccer, Gymnastics/Tumbling, Gymnastics/Tumbling
- **Session 2:** Nov 5th - Dec 3rd- Registration Begins Oct 23rd  
Basketball, Gym Hockey, Taekwondo/Judo, Tennis
- **Session 3:** Jan 7th - 28th - Registration Begins Dec 4th  
Basketball, Gym Hockey, Taekwondo, Yoga/Fitness
- **Session 4:** Feb 25th - March 18th - Registration Begins Jan. 29th  
Basketball, Tennis, Track, Yoga/Fitness
- **Session 5:** April 1st - 22nd- Registration Begins Feb. 26th  
T-Ball, T-Ball, T-Ball, T-Ball

**WHEN:** Sessions 1-4 on Thurs. Late Afternoons for 45min  
Session 5 on Saturday Mornings

**REGISTER:** Online @ [MCYMCA.com/OnlineRegistration](http://MCYMCA.com/OnlineRegistration)  
In Person @ 101 East Cherry St., Red Oak

**COST:** Y Member: \$20  
Potential Member: \$40 per session





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FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**



# 2020-2021 PRESCHOOL - KINDERGARTEN SPORTS ACADEMY

Return to YMCA @ 101 E. Cherry St., Red Oak, IA 51566  
Or Register Online @ [www.MCYMCA.com/OnlineRegistration](http://www.MCYMCA.com/OnlineRegistration)

**Which Session:**  Session 1 - Oct. '20  Session 2 - Nov. '20  Session 3 - Jan. '21  Session 4 - Feb. '21  
 Session 5 - Apr. '21

**Grade Attending:**  Preschool (*must be at least 4 years of age*)  Kindergarten

Participant name: \_\_\_\_\_ Gender: \_\_\_\_\_ Birthdate: \_\_\_\_/\_\_\_\_/\_\_\_\_

Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Parent/Guardian 1 Name: \_\_\_\_\_ Cell #: \_\_\_\_\_ Work #: \_\_\_\_\_ Email: \_\_\_\_\_

Parent/Guardian 1 Name: \_\_\_\_\_ Cell #: \_\_\_\_\_ Work #: \_\_\_\_\_ Email: \_\_\_\_\_

Any medical issues we should be aware of?: \_\_\_\_\_

**FINANCIAL ASSISTANCE:**

We need assistance paying for the program fee and would like to apply for Financial Aid. The YMCA's policy is "No One Is Denied" program participation due to cost. If you select this option a YMCA staff member will contact you.

We have already qualified for Financial Assistance. Please apply my discount.

**Cost:**  Y-Member - \$20 per session

Non-Member - \$40 per session

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**PARTICIPATION CONSENT**

THE UNDERSIGNED parent(s)/guardian(s) of \_\_\_\_\_ who is a child under the age of 18 years, with understanding of the potential risks of injury to the child by reason of the child's participation in the following activity: YMCA's Sports Academy 2020-2021 Pre-K and Kindergarten does/do hereby consent to the child's participation in the activity. Parents also release the YMCA, now and for all time, to take and use any video/film/footage/recording/photo/narrative taken of the child while in participation of said program for publication, display, sale or exhibition thereof in promotions, advertising and legitimate business use without any compensation to, and/or claim, by me.

The potential risks of participation include, but are not limited to, the risk of injury to the child from contact with other participants and contact with or use of equipment used in the activity.

The parent(s)/guardian(s) affirm that by signing this consent each understands that participation of the child is voluntary and that the parent (s)/guardian(s) have explained to the child that this means that the child is free at any time to stop participation in the activity.

By this consent and with the child's continued participation in the activity, the parent(s)/guardian(s) voluntarily accept the risk of injury to the child by reason of the child's participation in the activity.

THE UNDERSIGNED provide the following EMERGENCY CONTACT information to obtain consent to treat the child in the event of injury or illness during participation):

| Name (Please Print) | Address | Telephone No. |
|---------------------|---------|---------------|
|---------------------|---------|---------------|

If the contact person named above cannot be reached, the undersigned give consent for supervisory staff to provide the child emergency medical care and treatment and further necessary and reasonable treatment by a licensed professional caregiver selected by supervisory staff.

| Parent/Guardian Signature | Print Name | Date |
|---------------------------|------------|------|
|---------------------------|------------|------|

**Thank You to our Program Sponsors: Houghton State Bank, Parker Hannifin, State Farm, Red Oak Chrysler-Dodge-Jeep, & Alley Poyner Macchietto Architecture**



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**ASSUMPTION OF THE RISK AND WAIVER OF LIABILITY RELATING TO  
CORONAVIRUS/COVID-19 YOUTH SPORTS PARTICIPATION**  
**(Must be completed for participants under the age of 18)**

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. Montgomery County Family YMCA (MCFYMCA) has put in place preventative measures to reduce the spread of COVID-19; however, MCFYMCA cannot guarantee that your child will not become infected with COVID-19. Further, participation in youth sports could increase your child’s risk of contracting COVID-19.

READ CAREFULLY BEFORE SIGNING – INITIAL EACH PARAGRAPH

\_\_\_ INITIALS By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that my child\_\_\_\_, may be exposed to or infected by COVID-19 by participation in youth sports; and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 by youth sports participation at MCFYMCA may result from the actions, omissions, or negligence of my child and others, including, but not limited to, MCFYMCA’s employees, volunteers, and program participants and their families.

\_\_\_ INITIALS I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child\_\_\_\_ (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that he/she may experience or incur in connection their participation in youth sports at MCFYMCA . On my behalf as parent/legal guardian of \_\_\_ I hereby release, covenant not to sue, discharge, and hold harmless MCFYMCA , its employees, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of MCFYMCA , its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in youth sports at MCFYMCA.

\_\_\_ INITIALS I represent that I have adequate insurance to cover any injury or illness my child\_\_\_\_ may suffer or cause while participating in this activity, or else I agree to bear the costs of such injury or illness as the parent/legal guardian. I further represent that my child\_\_\_\_has no medical or physical condition which could interfere with their safe participation in this activity, or else I as the parent /legal guardian am willing to assume – and bear the costs of – all risks that may be created, directly or indirectly, by any such condition.

\_\_\_ INITIALS By signing this document, I agree that if my child\_\_\_\_is exposed or infected by COVID-19 during his/her participation in youth sports activity, then I may be found by a court of law to have waived my right to maintain a lawsuit against the parties being released on the basis of any claim for negligence.

\_\_\_ INITIALS I as the parent /legal guardian of\_\_\_\_have had sufficient time to read this entire document and, should I choose to do so, consult with legal counsel prior to signing. Also, I understand that this activity might not be made available to my child or that the cost to engage in this activity would be significantly greater if I were to choose not to sign this release, and agree that the opportunity for my child to participate in youth sports at the stated cost in return for the execution of this release is a reasonable bargain. I have read and understood this document and I as parent/legal guardian agree to be bound by its terms.

\_\_\_ INITIALS If I have signed a separate general waiver of liability for my child’s participation in MCFYMCA youth sports, I agree that the terms of that waiver are wholly incorporated into this document and that the terms of this document are incorporated into the separate general waiver.

\_\_\_ INITIALS *I agree that I will review safe social distancing and clean hygiene practice with my child for their participation at MCFYMCA.*

In consideration of \_\_\_\_\_ (PRINT minor’s names) being permitted to participate in this activity, I further agree to indemnify and hold harmless Releasees from any claims alleging negligence which are brought by or on behalf of my child or are in any way connected with such participation by my child.

Parent or Legal Guardian (Print)\_\_\_\_\_ Childs Name (Print)\_\_\_\_\_ Date\_\_\_\_\_

Parent or Legal Guardian Signature\_\_\_\_\_