

LEARNING THE ROPES

PreK/Kindergarten Sports Academy @ THE YMCA

This 4-week program will give kids an introduction to different sports and activities to help promote good physical fitness habits and lifelong interest in sports and activities. Basic fundamentals of each sport will be presented, and Y program staff will lead with assistance from various coaching experts related to the respective sporting activity. *(Activities are subject to change)*

Session 4 is limited to the first 20 participants. Sign up early!

Session 4: Feb 26 - Mar 18 - Registration Begins Jan. 26th

- Wed., February 26th, 4 - 4:30 PM - Basketball - at YMCA ½ gym (East side)
- Wed., March 4th, 4 - 4:30 PM - Tennis - at YMCA
- Wed. March 11th, 4 - 4:30 PM - Fitness/Yoga - at YMCA - Multipurpose Room
- Wed., March 18th, 4 - 4:30 PM - Track

Session 5: April 4 - 25 - Registration Begins Feb. 26th
T-Ball Only Session!

REGISTER: Online @ MCYMCA.com/OnlineRegistration
In Person @ 101 East Cherry St., Red Oak

COST: Y Member: \$20
Potential Member: \$40 per session





**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**



2019-2020 PRESCHOOL - KINDERGARTEN SPORTS ACADEMY

Return to YMCA @ 101 E. Cherry St., Red Oak, IA 51566
Or Register Online @ www.MCYMCA.com/OnlineRegistration

Which Session: Session 1 - Oct. '19 Session 2 - Nov. '19 Session 3 - Jan. '20 Session 4 - Feb. '20 Session 5 - Apr. '20
Grade Attending: Preschool **(must be at least 4 years of age)** Kindergarten
Participant name: _____ Gender: _____ Birthdate: ____/____/____
Mailing Address: _____ City: _____ State: _____ Zip: _____
Parent/Guardian 1 Name: _____ Cell #: _____ Work #: _____ Email: _____
Parent/Guardian 2 Name: _____ Cell #: _____ Work #: _____ Email: _____

Cost: Y-Member - \$20, Non-Member - \$40 per session

PARTICIPATION CONSENT

THE UNDERSIGNED parent(s)/guardian(s) of _____ who is a child under the age of 18 years, with understanding of the potential risks of injury to the child by reason of the child's participation in the following activity: **YMCA's Sports Academy 2019-2020 Pre-K and Kindergarten** does/do hereby consent to the child's participation in the activity. Parents also release the YMCA, now and for all time, to take and use any video/film/footage/recording/photo/narrative taken of the child while in participation of said program for publication, display, sale or exhibition thereof in promotions, advertising and legitimate business use without any compensation to, and/or claim, by me.

The potential risks of participation include, but are not limited to, the risk of injury to the child from contact with other participants and contact with or use of equipment used in the activity.

The parent(s)/guardian(s) affirm that by signing this consent each understands that participation of the child is voluntary and that the parent (s)/guardian(s) have explained to the child that this means that the child is free at any time to stop participation in the activity.

By this consent and with the child's continued participation in the activity, the parent(s)/guardian(s) voluntarily accept the risk of injury to the child by reason of the child's participation in the activity.

THE UNDERSIGNED provide the following EMERGENCY CONTACT information to obtain consent to treat the child in the event of injury or illness during participation):

Name (Please Print)	Address	Telephone No.
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If the contact person named above cannot be reached, the undersigned give consent for supervisory staff to provide the child emergency medical care and treatment and further necessary and reasonable treatment by a licensed professional caregiver selected by supervisory staff.

Parent/Guardian Signature	Print Name	Date
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Thank You to our Program Sponsors: Houghton State Bank, Parker Hannifin, State Farm, Red Oak Chrysler-Dodge-Jeep, & Alley Poyner Macchietto Architecture